

Finswimming - Detailed Competition Activity Schedule - FISU 2026 Day 1 Morning

	Technic & Presentator
	Event Male
	Event Female
	Event relay
	Awarding Ceremony

7:45:00	8:45:00	Warm up in two sections of 30min
8:45:00	8:55:00	Preparation competition
8:55:00	8:55:00	Opening by Speaker
8:55:00	9:00:00	Commentators Introduce Judges to the Spectators
9:00:00	9:05:00	Event 1 - H1 - 50m Apnea Women
9:05:00	9:10:00	Event 1 - H2 -50m Apnea Women
9:10:00	9:15:00	Event 2 - H1 - 50m Bifins Women
9:15:00	9:20:00	Event 2 - H2 - 50m Bifins Women
9:20:00	9:25:00	Event 2 - H3 - 50m Bifins Women
9:25:00	9:30:20	Event 3 - H1- 100m Surface Men
9:30:20	9:35:40	Event 3 - H2 - 100m Surface Men
9:35:40	9:41:00	Event 3 - H3 - 100m Surface Men
9:41:00	9:46:20	Event 4 - H1 - 100m Bifins Men
9:46:20	9:51:40	Event 4 - H2 - 100m Bifins Men
9:51:40	9:57:00	Event 4 - H3 - 100m Bifins Men
9:57:00	10:03:30	Event 5 - H1 - 200m Surface Women
10:03:30	10:10:00	Event 5 - H2 - 200m Surface Women
10:10:00	10:16:30	Event 6 - H1 - 200m Bifins Women
10:16:30	10:23:00	Event 6 - H2 - 200m Bifins Women
10:23:00	10:29:30	Event 6 - H3 - 200m Bifins Women
10:29:30	10:37:50	Event 7 - H1 - 400m Surface Men
10:37:50	10:46:10	Event 7 - H2 - 400m Surface Men
10:46:10	10:54:30	Event 8 - H1 - 400m Bifins Men
10:54:30	11:07:00	Event 9 - H1 - 800m Surface Women slow heats
11:07:00	11:14:45	Event 10 - H1 - 4x100m Surface mixed
11:14:45	11:22:30	Event 10 - H2 - 4x100m Surface mixed
11:22:30	11:30:15	Event 11 - H1 - 4x50m Bifins mixed
11:30:15	11:38:00	Event 11 - H2 - 4x50m Bifins mixed

2:38:00 Total Session

Finswimming - Detailed Competition Activity Schedule - FISU 2026**Day 1 Afternoon**

	Technic & Presentator
	Event Male
	Event Female
	Event relay
	Awarding Ceremony

16:00:00	16:45:00	Warm up
16:45:00	16:55:00	Preparation competition
16:55:00	16:55:00	Opening by Speaker
16:55:00	17:00:00	Commentators Introduce Judges to the Spectators
17:00:00	17:05:00	Event 1 - Finale - 50m Apnea Women
17:05:00	17:10:00	Event 2 - Finale - 50m Bifins Women
17:10:00	17:15:20	Event 3 - Finale- 100m Surface Men
17:15:20	17:20:40	Event 4 - Finale - 100m Bifins Men
17:20:40	17:42:40	Awarding Ceremonies 50m Apnea Women, 50m Bifins Women, 100m Surface Men, 100m Bifins Men
17:42:40	17:49:10	Event 5 - Finale - 200m Surface Women
17:49:10	17:55:40	Event 6 - Finale - 200m Bifins Women
17:55:40	18:04:00	Event 7 - Finale - 400m Surface Men
18:04:00	18:12:20	Event 8 - Finale - 400m Bifins Men
18:12:20	18:34:20	Awarding Ceremonies 200m Surface Women, 200m Bifins Women, 400m Surface Men, 400m Bifins Men
18:34:20	18:46:50	Event 9 - 800m Surface Women Fast heat
18:46:50	18:54:05	Event 10 - Finale - 4x100m Surface mixed
18:54:05	19:01:20	Event 11 - Finale - 4x50m Bifins mixed
19:01:20	19:21:20	Awarding Ceremonies 800m Surface Women, 4x100m Surface mixed, 4x50m Bifins mixed

2:21:20 Total Session

Finswimming - Detailed Competition Activity Schedule - FISU 2026**Day 2 Morning**

	Technic & Presentator
	Event Male
	Event Female
	Event relay
	Awarding Ceremony

7:45:00	8:45:00	Warm up in two sections of 30min
8:45:00	8:55:00	Preparation competition
8:55:00	8:55:00	Opening by Speaker
8:55:00	9:00:00	ComWomentators Introduce Judges to the Spectators
9:00:00	9:05:00	Event 1 - H1 - 50m Apnea Men
9:05:00	9:10:00	Event 1 - H2 -50m Apnea Men
9:10:00	9:15:00	Event 1 - H3 - 50m Apnea Men
9:15:00	9:20:00	Event 2 - H1 - 50m Bifins Men
9:20:00	9:25:00	Event 2 - H2 - 50m Bifins Men
9:25:00	9:30:00	Event 2 - H3 - 50m Bifins Men
9:30:00	9:35:20	Event 3 - H1- 100m Surface Women
9:35:20	9:40:40	Event 3 - H2 - 100m Surface Women
9:40:40	9:46:00	Event 4 - H1 - 100m Bifins Women
9:46:00	9:51:20	Event 4 - H2 - 100m Bifins Women
9:51:20	9:56:40	Event 4 - H3 - 100m Bifins Women
9:56:40	10:03:10	Event 5 - H1 - 200m Surface Men
10:03:10	10:09:40	Event 5 - H2 - 200m Surface Men
10:09:40	10:16:10	Event 6 - H1 - 200m Bifins Men
10:16:10	10:22:40	Event 6 - H2 - 200m Bifins Men
10:22:40	10:31:00	Event 7 - H1 - 400m Surface Women
10:31:00	10:39:20	Event 7 - H2 - 400m Surface Women
10:39:20	10:47:40	Event 8 - H1 - 400m Bifins Women
10:47:40	10:56:00	Event 8 - H2 - 400m Bifins Women
10:56:00	11:08:30	Event 9 - H1 - 800m Surface Men slow heats
11:08:30	11:16:15	Event 10 - H1 - 4x100m Bifins mixed
11:16:15	11:24:00	Event 10 - H2 - 4x100m Bifins mixed
11:24:00	11:31:45	Event 11 - H1 - 4x50m Surface mixed
11:31:45	11:39:30	Event 11 - H2 - 4x50m Surface mixed

2:39:30 Total Session

Finswimming - Detailed Competition Activity Schedule - FISU 2026**Day 2 Afternoon**

	Technic & Presentator
	Event Male
	Event Female
	Event relay
	Awarding Ceremony

16:00:00	16:45:00	Warm up
16:45:00	16:55:00	Preparation competition
16:55:00	16:55:00	Opening by Speaker
16:55:00	17:00:00	ComWomentators Introduce Judges to the Spectators
17:00:00	17:05:00	Event 1 - Finale - 50m Apnea Men
17:05:00	17:10:00	Event 2 - Finale - 50m Bifins Men
17:10:00	17:15:20	Event 3 - Finale- 100m Surface Women
17:15:20	17:20:40	Event 4 - Finale - 100m Bifins Women
17:20:40	17:42:40	Awarding Ceremonies 50m Apnea Men, 50m Bifins Men, 100m Surface Women, 100m Bifins Women
17:42:40	17:49:10	Event 5 - Finale - 200m Surface Men
17:49:10	17:55:40	Event 6 - Finale - 200m Bifins Men
17:55:40	18:04:00	Event 7 - Finale - 400m Surface Women
18:04:00	18:12:20	Event 8 - Finale - 400m Bifins Women
18:12:20	18:34:20	Awarding Ceremonies 200m Surface Men, 200m Bifins Men, 400m Surface Women, 400m Bifins Women
18:34:20	18:46:50	Event 9 - Finale - 800m Surface Men Fast heat
18:46:50	18:54:35	Event 10 - Finale - 4x100m Bifins mixed
18:54:35	19:02:20	Event 11 - Finale - 4x50m Surface mixed
19:02:20	19:22:20	Awarding Ceremonies 800m Surface Men, 4x100m Bifins mixed, 4x50m Surface mixed

2:22:20 Total Session